

Breakfast Island Perks Bistro Bar

THE BASICS

Number 1 Two eggs, bacon or sausage, home fries or grits, and a biscuit \$6.99

Number 2 Two eggs, home fries or grits, and a biscuit \$5.99

Number 3 One egg, home fries or grits, and a biscuit \$4.99

Tidal Wave Three eggs, bacon and sausage, home fries or grits, and a biscuit \$9.99

Steak & Eggs New York strip, two eggs, home fries or grits, and a biscuit \$12.99

Fisherman's Feast Two pancakes, two eggs, side of sausage gravy, bacon or sausage, and home fries or grits, with two biscuits. \$10.99

Sausage Gravy: Sausage gravy over a biscuit with home fries \$7.99

Breakfast Sandwiches

Fresh made biscuits

Bacon, sausage, or egg \$2.79 Sausage or Bacon with eggs \$3.79

Sausage or Bacon with eggs, and cheese \$4.29

Croissant

Bacon, sausage, or egg \$4.99

Sausage or Bacon with eggs \$5.99

Sausage or Bacon with eggs, and cheese \$6.99

Bagel or Toast

Bacon, sausage, or egg \$3.99

Sausage or Bacon with eggs \$5.29

Sausage or Bacon with eggs and cheese \$6.29

Breakfast Wraps

Trenter: Sausage, eggs, and cheese \$6.99

Kinnakeeter: Bacon, sausage, eggs, and cheese \$7.99

Goater: Bacon, sausage, eggs, tomatoes, onions, and cheese \$7.99

The Cape: Eggs, sausage, home fries, and cheese \$7.59

The Dunes: Eggs, home fries, tomatoes, and cheese \$6.99

Hatteraser: Eggs, bacon, and cheese \$6.99

Ocracoker: Hand Cut Steak, eggs, onions, tomatoes, home fries, and cheese \$10.99

Egg Scrambles

Looks like a mess but is delicious. Comes with a biscuit.

The Perks: Eggs, sausage, home fries, bacon and cheese \$7.99

The Basic: Eggs, home fries, and cheese \$6.99

Total Wreckage: Egg, sausage, bacon, home fries, tomatoes, onions, and cheese \$9.99

Waver: Eggs, shrimp, green peppers, tomatoes, onions, and cheese \$10.99

Sound Sider: Steak, eggs, onions, tomatoes, home fries, and cheese \$10.99

Sides

Home fries or Grits \$2.29 Bacon or Sausage \$2.59 Two eggs \$2.39 Toast (2) \$1.99 Biscuit \$1.29

Croissant \$2.99 Bagels \$2.79

Drinks

Coffee, Tea, Coke, Diet Coke, Sprite, Mr. Pibb, Coke Zero, Lemonade, Ginger Ale, Bottled Water, Sweet and Unsweet Tea.....\$2.49

Orange Juice, Apple Juice, Milk...\$2.99

Lunch Island Perks Bistro Bar

Soups

Clam Chowder

Traditional Hatteras Clam Chowder. A rich clear stock full of tender clams and potatoes. Simplicity at its best.
Cup \$5.49 Bowl \$6.59

Black and Red Chili

Thick and hearty chili with red beans and black beans. Loaded with meat and flavor.
Cup \$5.49 Bowl \$6.59

Soup, Bisque, or Chowder of the Day

Always Changing. Always Fresh.
Cup Market price Bowl Market Price

Salads and Appetizers

Perks' Salad

A simple start to your meal. Mixed greens, fresh tomatoes, mangos and homemade croutons. \$7.99

House Caesar

Traditional Romaine salad tossed with homemade croutons, shredded parmesan cheese and our lemon/lime Caesar dressing. \$8.99

Add grilled Shrimp \$13.99 Add grilled Chicken \$11.99

Greek Salad

Fresh Romaine, tomatoes, Feta cheese, sweet Greek peppers, Kalamata olives, marinated artichoke hearts, onions and Feta vinaigrette dressing \$12.99

Calypso Calamari Salad

Deep fried ginger dusted Calamari over crispy wontons topping a mixed green salad drizzled in our lemon/lime Caesar dressing \$10.99

WRAPS

Large herb wraps stuffed full of tasty treats and served with Potato Chips, French Fries, Potato Salad, or Cole Slaw.
All wraps available on homemade bread White, Wheat or Oatmeal

Bistro Tuna Wrap

Char grilled Fresh Tuna, lettuce, Tomatoes, Onions, cheese, and Bistro Sauce. \$10.99

Shrimp Fajita Wrap

Grilled Jumbo Shrimp, fresh peppers, onion and cheese \$10.99

Chicken Fajita Wrap

Grilled Chicken, peppers, onions, and cheese \$8.99

Calamari Caesar Wrap

Flash fried calamari, romaine lettuce, lemon/lime dressing and grated parmesan cheese \$9.99

Shrimp or Oyster Poor Boy Wrap

Fried fresh oysters or Shrimp, crisp bacon, tomatoes, lettuce and Bistro Sauce. \$10.99

BLT Wrap

Crisp bacon, tomatoes, lettuce and Bistro Sauce. \$8.99

Italian Chicken Wrap

Char grilled chicken breast, Swiss cheese, bacon, tomatoes, lettuce and Bistro Sauce \$8.99

Tuna Salad Wrap

Tuna salad made with fresh Tuna...not canned. Comes with lettuce and tomatoes. \$9.99

Chicken Salad Wrap

All white meat chicken salad, lettuce and tomatoes. \$8.99

Vegan Veggie Burger Wrap

Our homemade Vegan Veggie Burger made with black beans, brown rice, vegetables and herbs grilled and wrapped with lettuce and tomatoes. \$8.99

BURGERS, BBQ, AND MORE

All Burgers, Sandwiches, etc served with Potato Chips, French Fries, Potato Salad, or Cole Slaw.

Bay Scallop Cake Burger

Sweet local bay scallops cakes with bacon, lettuce, tomatoes, and our Bistro Tartar on a Kaiser roll. Sauce. \$11.99

Crab Cake Burger

Our ¼ pound crab cake with lettuce, tomatoes, and our Bistro Tartar Sauce on a Kaiser roll. \$14.99

Fish Burger

Fresh Catch of the day, Fried and served with Lettuce, Tomato, Bistro Tartar sauce on a Kaiser roll \$10.99

Chicken Breast Burger

Grilled or Fried Chicken breast with Lettuce, tomato, onion, and mayonnaise \$8.99

Pulled Pork BBQ

Pulled....not chopped...Carolina BBQ, topped with cole slaw and served on a Kaiser roll. 8.99

Vegan Veggie Burger

Our homemade Vegan Veggie Burger made with black beans, brown rice, vegetables and herbs grilled and served with lettuce and tomatoes on a Kaiser roll. \$8.99

Basic Hamburger

Half pound of Hertfort beef char grilled and served with lettuce, tomatoes, and onions on a Kaiser roll. \$7.99

Cheese Burger

Half pound of Hertfort beef char grilled and served with Swiss, cheddar, American, or provolone cheese and lettuce, tomato, and onions \$8.99 Bacon Cheese Burger \$9.99

Carolina Burger

Half pound of Hertfort beef char grilled and smothered with homemade Chile, Cheese, and Cole Slaw \$9.99

Lunch Baskets

Served with French Fries and Cole Slaw or Potato Salad

Chicken Tender

We use only tender chicken breast. Lightly breaded and fried \$8.99

Jumbo Shrimp

A half pound of lightly dusted and quick fried Jumbo Shrimp \$14.99

Bay Scallops

Tender, sweet Bay Scallop lightly breaded and quick fried \$16.99

Calamari

Flash fried, slightly breaded tender Calamari \$9.99

Catch of the Day

Our version of Fish and Chips. Light breading and quick fried. \$12.99

Oysters

Plump Oysters lightly bread and fried till crispy on the outside \$14.99

Drinks

Coke, Diet coke, Sprite, Mr. Pibb, Root Beer, Coke Zero, Lemonade, Ginger Ale, Unsweet Tea, Sweet Tea, Bottled Water\$2.49

Beer, Wine and Mixed Drink Menu Available